



Spotlighting CAMEROON

Common Action For Gender Development Comagend: Engaging Communities with AGYW Designed Resources by AGYW

A Comprehensive Sexuality Education manual has been developed by AGYW in the North West Region of Cameroon, specifically for AGYW aged 15–29. This manual explores critical issues such as HIV/AIDS, SRHR, GBV, Tuberculosis, and Malaria, supporting all AGYW to understand the symptoms, prevention and treatment, and improve access to sexual reproductive health care. The manual highlights existing laws and policies for information access, along with the implementation gaps, enabling AGYW to call for urgent health care financial actions and introduces referral pathways that empower AGYW to seek healthcare confidently. 9 peer educators were trained and equipped with the manual for continuous community engagements.





Hope For Vulnerable Children Association (Hovuca): Training Peer Educator for AGYW Peer Education

In Tonga, in the West Region of Cameroon, a two-day intensive training session was held to cultivate youth leadership in advocacy for 20 Adolescent Girls and Young Women (AGYW) who were selected as peer educators. This training focused on essential topics such as Comprehensive Sexuality Education (CSE), Sexual and Reproductive Health and Rights (SRHR), HIV, Tuberculosis (TB), malaria, Gender-Based Violence (GBV), human rights, and vital life skills.



**Tonga,
Western
Cameroon**



In addition to knowledge acquisition, the training aimed to enhance leadership and advocacy skills, empowering AGYW to represent their peers in important decision-making processes. The peer educators, who were equipped with new skills, actively participated in a consultation meeting with the Delegate of Youth Affairs in Tonga. They also held dialogue sessions with religious leaders from both the Baptist and Catholic churches and attended a coordination meeting for Internally Displaced Persons (IDPs) and local cultural groups, all in an effort to promote youth-friendly health services and advocate for inclusive community policies within healthcare systems.



Leap Girl Africa (LGA): Empowering Adolescent Girls and Young Women (AGYW) in Yaoundé, Centre Region of Cameroon for Advocacy Leadership

Fourteen members of the Adolescent Initiative for Reform (AIR) participated in a two-day workshop to enhance their advocacy and leadership skills. The workshop focused on strengthening their capacity to advocate for their sexual and reproductive health rights (SRHR) and HIV needs. The group comprised three Indigenous AGYW, two internally displaced AGYW, six AGYW from the general population, two AGYW living with HIV, and one AGYW living with a disability.

During the workshop, participants received training on SRHR, HIV/AIDS, sexually transmitted infections (STIs), advocacy, and girls' leadership, along with valuable advocacy tips. A welcoming and safe learning environment was fostered, allowing these young women to comfortably express themselves and learn from one another. As a result, the fourteen AGYW left the workshop empowered with vital knowledge about SRHR/HIV and essential advocacy and leadership skills.



Sustainable Women Organisation (SWO): Empowering Young Women to Combat Gender-Based Violence and HIV in Cameroon's North West Region



Bessi North West Cameroon

A Community Sexual and Reproductive Health and Rights (SRHR) club has been established in Bessi, North West Region, comprising 30 adolescent girls and young women (AGYW) aged between 13 and 25. This club includes students, school dropouts, and stay-at-home girls, and it operates effectively to enhance AGYW leadership and engagement in decision-making related to sexual and reproductive health.

The club aims to build its members' self-esteem and confidence, enabling them to challenge specific cultural and religious norms that limit their voices on issues affecting their lives and development. By encouraging them to rethink their values and beliefs, the club empowers participants to make transformative decisions in their communities.

Beneficiaries participated in comprehensive learning sessions focused on cultivating self-confidence through various games and lessons. This empowering experience provided them with essential knowledge, equipping them to navigate life's challenges with dignity and resilience.



Vision in Action Cameroon (VIAC): Door-to-Door Advocacy for Comprehensive Sexuality Education (CSE)



The VIAC Champions Network was launched in June 2025 as a group of passionate, change-driven young advocates. They conducted a series of door-to-door advocacy sessions across Bova I & II, Tole, and Muea in the South West Region of Cameroon. These one-on-one conversations targeted parents and young people, fostering open dialogue about the importance of Comprehensive Sexuality Education (CSE). The sessions were a significant step toward changing mindsets and encouraging women to advocate for CSE as a fundamental right and necessity for all young people. Through these door-to-door sensitisations, a total of 65 adolescent girls and young women (AGYW), 42 elderly women, and 15 men were reached.



Youth Empowerment and Resilience Network (YERN): Empowering Adolescent Girls and Young Women (AGYW) through Advocacy Leadership Training



Bambili North West Cameroon

A workshop was organised in Bambili, located in the North West Region of Cameroon, to train adolescent girls and young women (AGYW) on sexual and reproductive health rights (SRHR), menstrual hygiene management (MHM), and advocacy leadership. The goal is to equip these AGYW to engage effectively with stakeholders within their communities.

In the future, these participants will serve as peer educators, championing the SRHR of all AGYW in their communities by promoting access to information and unrestricted healthcare services. The training employed interactive group discussions and question-and-answer sessions, allowing the AGYW to engage freely without judgment or fear. This environment encouraged them to debunk myths and share age-appropriate, accurate, and scientifically proven information.

